

Alletess Labs IgG Food Sensitivity Test - Food List

184 Food Panel

Almond	Cheese, Cheddar	Gluten	Okra	Safflower
Amaranth	Cheese, Cottage	Grape	Olive, Green	Sage
Anchovy	Cheese,	Grapefruit	Onion, White	Salmon
Apple	Mozzarella	Haddock	Orange	Scallop
Apricot	Cheese, Swiss	Halibut	Oregano	Sesame
Arrowroot	Cherry	Hazelnut (Filbert)	Oyster	Shrimp
Artichoke	Chestnut	Hemp	Papaya	Sole
Asparagus	Chia	Herring	Paprika	Sorghum
Avocado	Chicken	Honey	Parsley	Soybean
Banana	Chickpea	Hops	Parsnip	Spinach
Barley	(Garbanzo)	Horseradish Kale	Pea, Black Eyed	Squash
Basil	Cilantro	Kelp	Pea, Green	Squid
Bass (Black)	Cinnamon	Kiwi	Peach	Strawberry
Bay Leaf	Clam	Lamb	Peanut	Sunflower
Bean, Green	Cloves	Lemon	Pear	Swordfish
Bean, Lima	Cocoa	Lentil	Pecan	Tangerine
Bean, Kidney	Coconut	Lettuce	Pepper, Bell	Tapioca
Beef	Codfish	Licorice	Pepper, Black	Tarragon
Beet, Red	Coffee	Lime	Peppermint	Tea, Black
Blackberry	Cola	Lobster	Perch, Sea	Tea, Green
Blueberry	Corn	Macadamia	Pike, Walleye	Teff
Bran	Crab	Mackerel	Pineapple	Thyme
Brazil Nut	Cranberry	Malt	Pine Nut	Tomato
Broccoli	Cucumber	Mango	Pistachio	Trout
Brussel Sprouts	Date	Melon, Honeydew	Plum	Tuna
Buckwheat	Dill	Milk, Cow's	Poppy Seed	Turkey
Buffalo	Duck	Milk, Goat's	Pork	Turmeric
Cabbage	Eggplant	Milk, Sheep's	Potato, Sweet	Turnip
Canola	Egg White	Millet	Potato, White	Vanilla Bean
Cantaloupe	Egg Yolk	Mushrooms	Pumpkin	Venison
Carob	Fennel	Mussel	Quinoa	Walnut, Black
Carrot	Fig	Mustard	Radish	Watermelon
Casein	Flaxseed	Navy Bean	Raspberry	Wheat
Cashew	Flounder	Nutmeg	Red Snapper	Whey
Cauliflower	Garlic	Oats	Rhubarb	Yeast, Baker's
Celery	Ginger		Rice, Brown	Yeast, Brewer's
Cheese, Blue	Ginseng		Rosemary	Yogurt
			Rye	Zucchini

