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Alletess Labs IgG Food Sensitivity Test - Food List

96 Food Panel

Almond	Dairy & Egg	Pineapple
Apple	Dill	Pork
Asparagus	Eggplant	Potato
Avocado	Egg White	Potato, Sweet
Banana	Egg Yolk	Rice
Barley	Fruits	Rye
Basil	Garlic	Safflower
Bay Leaf	Ginger	Salmon
Bean, Green	Gliadin	Scallop
Bean, Lima	Gluten	Sesame
Bean, Pinto	Grains & Starches	Shrimp
Beef	Grape	Sole
Blueberry	Grapefruit	Soybean
Bran	Haddock	Spinach
Broccoli	Honey	Squash
Cabbage	Lamb	Strawberry
Cantaloupe	Lemon	Sunflower Seed
Carrot	Lettuce	Swordfish
Casein	Lobster	Tea, Black
Cashew	Malt	Tea, Green
Cauliflower	Meat & Poultry	Tomato
Celery	Milk, Cow's	Tuna
Cheese, Cheddar	Mushrooms	Turkey
Cheese, Cottage	Mustard	Walnut
Cheese, Swiss	Oats	Watermelon
Chicken	Olive, Green	Wheat
Cinnamon	Onion	Whey
Clam	Orange	Yeast, Baker's
Cocoa	Oregano	Yeast, Brewer's
Coconut	Pea, Green	Yogurt
Codfish	Peach	
Coffee	Peanut	
Corn	Pear	
Crab	Pepper, Bell	
Cucumber	Pepper, Black	
	Pepper, Chili	





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